

# The Care Center

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The Care Center, founded by Pete Lobert, PCC, a certified therapist in Columbus, Ohio, embodies a compassionate and transformative vision. With over 12 years of experience specializing in trauma recovery and marital/couples counseling, Pete's expertise shines through. He is a level 2 certified practitioner in EMDR, the highest level offered by the EMDR Institute. At The Care Center, he provides counseling services that address various emotional challenges. Clients struggling with depression, anxiety, Post Traumatic Stress Disorder, past traumas, or life adjustment issues can find solace and support here. Pete is also dedicated to assisting marriages and couples facing various difficulties such as infidelity, blended

family issues, conflict, communication problems, and those experiencing crises. Pete's professional journey has encompassed working in diverse settings, including a large community mental health agency, a medium-sized group practice, and a smaller private practice. These experiences have provided invaluable insights into what works and doesn't in therapy. With this wisdom, Pete has crafted a unique counseling experience tailored to your needs. For more information about The Care Center and our services, please visit: <https://columbuscarecenter.com/>

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